Summer 2005

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Whiter, Brighter, Pearly Whites

If you want whiter and brighter teeth - just ask.

Zoom II, our chairside tooth whitening machine can give you the opportunity to have whiter teeth within hours. Chairside whitening is ideal for anyone looking for immediate results. The convenience of Zoom, in comparison to days of wearing whitening trays at home, makes it the perfect choice for the busy individual.

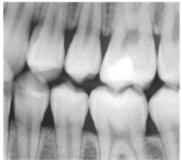
Continual exposure to substances such as tea, coffee, wine and smoking can cause yellowing and staining of teeth. Sometimes though, people with darker coloured teeth would like to see them whiter.

Call our friendly receptionists to arrange a consultation appointment to discuss a new whiter smile for you this summer!

Don't shy away from x-rays

Your dentist takes x-rays of your teeth because they help in discovering and diagnosing any problems you may have. Many problems in your mouth can not be seen by your dentist, so this is why x-rays are so important.

From childhood to adolescence, generally about six x-rays are needed. Adults need x-rays at least every two – three years to check for decay and gum disease.



There are a number of situations where the use of x-rays may be necessary for correct diagnosis and proper treatment. They include: decay, gum disease, wisdom teeth, root canal treatment, accidents and orthodontics.

One Hour Tooth Whitening

So next time, if your dentist recommends x-rays at your dental visit, take into account that it's in you best interest to say, YES!

My Chungs Blaan Whan I brish

One thing is for sure – healthy gums don't bleed!

If your gums are bleeding after you have brushed your teeth you are showing the early stages of gum disease.

Plaque that harbours bacteria can get in, under the gum line of your teeth and can get started on weakening and softening your gums. Because it's under the gum line you can't always see it and unlike tooth decay, gum disease doesn't usually hurt or cause pain. When you brush, the infected gums will become irritated, to the point that the weak membranes are broken causing slight bleeding.

The good news is that we can treat it fairly quickly and bring your mouth back to its normal healthy condition.

Up and Coming Public Holidays

Just in case your busy schedule has prevented you to check your calendars, we have listed the up and coming public holidays for your convenience.

Christmas Day - Sun 25th Dec Boxing Day - Mon 26th Dec Xmas & Boxing Day Public Holiday – Tues 27th Dec New Year's Day - Sun 1st Jan New Year's Public Holiday – Mon 2nd Jan Australia Day – Thurs 26th Jan

Our surgery will be closed on these public holidays. Otherwise, we will be trading as usual and hope to assist your needs as prompted and efficient as we can.

Your patience and understanding is appreciated.

Make Me Laugh

Q. What does a dentist of the year get? A. A little plaque

Q. Why did the king go to the dentist? A. He had to get a crown.

Q. Which teeth in your mouth are the smartest?

A. Your wisdom teeth.

Q. What do you call a lion who loves candv?

A. A dentist's worst nightmare



Root Canal Therapy

Root canal therapy is one of the most frequently performed procedures in dentistry. This simple treatment can save your natural teeth and prevent the need for an extraction.

Root canal treatment is the process of removing the inflamed or infected nerve (pulp), which can be caused by decay, injury or gum disease. This procedure is

done over a couple of appointments in which the dentist uses tiny files. The first visit usually involves the removal of the infected nerve. Usually, medication is left down the canal chamber for a period of one or more weeks to ensure that all the bacteria has been eliminated prior to sealing of the tooth. On the second visit, if all bacteria has been removed, the tooth can be sealed. Since the tooth has no pulp to nourish it after root canal treatment, it will become weaker than a normal tooth. For this reason, it is always highly recommended that a crown should be fitted.