

Winter 2006

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**I think my child needs braces
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When
should I get advice?**

Many people believe that orthodontic treatment begins when the braces go on the teeth. This is not the case!

Thousands of children need early orthodontic care, some even as young as six years old. Early diagnosis and monitoring allows your dentist / orthodontist to take full advantage at a time when your child's bone structure is easier to shape.

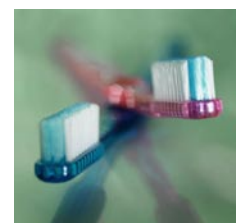


Is orthodontics only for children? NO!

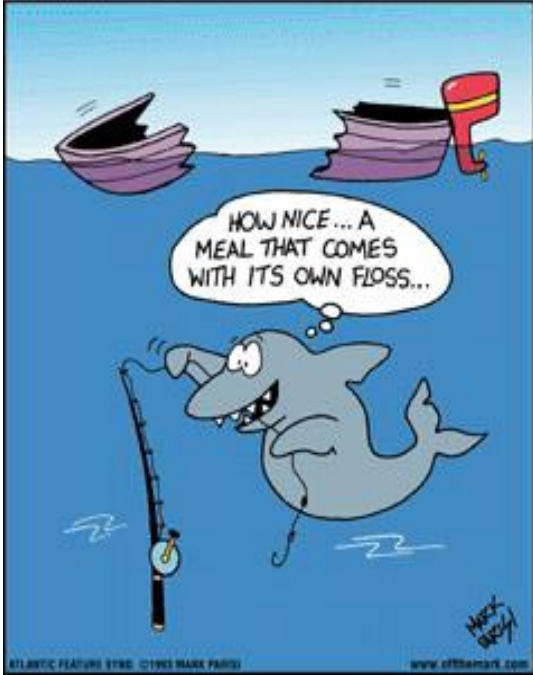
No-one is too old for orthodontic treatment. In fact, 25% of orthodontic patients are now adults, who undergo orthodontic treatment for many different reasons, correct bite, cosmetically, etc. Orthodontics has come a long way in the last 10 years, why not ask your dentist next time you're in if you are a suitable candidate.

Did you know

During an average lifetime of 78 years, a person will spend more than 1896 hours brushing their teeth, providing they brush for two minutes, twice daily. Considering the amount of time we devote to brushing in a lifetime, choosing the right toothbrush is essential. The Australian Dental Association recommends that you replace your toothbrush every season. A shaggy toothbrush is only good for one thing, cleaning those hard to reach areas around the house!



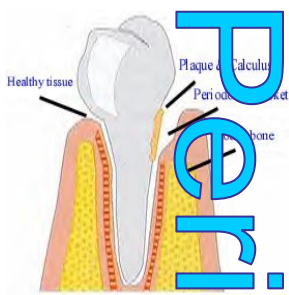
off the mark by Mark Parisi
www.offthemark.com



Why am I asked so many questions when I make an appointment?

Our receptionists ask you questions to help enable them to make the correct length of time for your dental appointments. By asking you some "simple questions", it can be all the difference to a smooth appointment. The information that the receptionist retrieves from your call gets recorded in your appointment time to help assist the dentist before your attendance.

Our dentist's finds this information helpful, as it can prepare both the assistant and your dentist to organise your treatment plan.



Would you believe that 4 out of 5 adults have periodontal or gum disease. Most people don't even

know they have it, mainly because it's almost always painless.

Early stages of periodontal disease(gingivitis) largely goes unnoticed and can only be diagnosed by your dentist.

You might experience some slight bleeding of you gums when brushing or someone may tell you that you have bad breath, which you might pass it off, as the last meal you ate!

As the disease progresses changes can occur. You may notice gradual changes like slightly longer look of your teeth, puffer gums etc. Late stages of the disease results in so much bone loss that the teeth will eventually fall out!

Did you know that people loose more teeth through periodontal diseases than from all other reasons combined. The good news is that periodontal disease can be treated and the progression of the disease can be halted.

So if, someone tells you that you've got bad breath or you notice bleeding, no matter how slight, when you brush your teeth. Don't ignore it! Come in and see us as soon as possible!

THANK YOU

We have been thrilled by how many of our valued patients have already recommended our practice to their family, friends and workmates.

Market Square Dental Team would like to recognize and thank you for helping our practice grow.