## **MARKET SQUARE DENTAL GROUP**

Mon & Thurs Tues, Wed & Fri Sat 8.30am — 8.00pm 8.30am — 5.00pm

8.30am - 1.00pm

3345 3144

or

3345 3472

## NEWSLETTER

# Ouch! Eww! Ahh!

Are these sounds familiar to you from time to time? If so you might have sensitive teeth. Your teeth expand and contract in reaction to changes in temperature to hot and cold food and beverages. Over time, tooth enamel can be worn down, gums may recede or teeth may develop microscopic cracks, exposing the interior of the tooth and irritating nerve endings. Breathing cold air can be painful for those with extremely sensitive teeth. If you are experiencing these discomforts call and arrange an appointment with your dentist.





- FIND YOUR TOOTH!
- Don't handle tooth by the delicate roots.
- **Don't** rinse tooth with water.
- If tooth is clean, place gently back into socket immediately and apply slight pressure.
- If tooth is dirty rinse using milk and then place back into socket, apply slight pressure.
- Otherwise keep tooth moist by placing in gloss of milk or tuck into on side of your cheek.
- GET to the dentist ASAP.



Don't forget some health fund rebates roll over in the new calendar year. If you wish to use up your limit for 2012 call us now to arrange an appointment as we are booking up fast!



I SEE MY DENTIST REGULARLY!
I SEE HIM AT THE POST OFFICE,
I SEE HIM AT THE SUPERMARKET,
I SEE HIM JOGGING...





#### **CONFIRMATION & CANCELLATION POLICY**

We at MSDG are implementing a new 48 hour confirmation & cancellation policy. This is to help our patients who need an emergency appointment.

We thank you for your patience and assistance through this transition

### medicare Update

Most people would be aware the government has stopped the EPC Chronic Illness Scheme. This program has been able to assist many people receive dental treatment. We have not been informed if the government is going to replace this program with another one. Should we received any information from the government we will notify our patients with a letter outlining the relevant details.

# congratulations

## Watch Out, they BITE!

Did you know Sharks may have up to 3,000 teeth at one time. The teeth are arranged in rows and when one tooth is damaged or lost, it is replaced by another. Most sharks have about 5 rows of teeth at any time.





Dr Kelvin Leung and his tennis team partners Dave and Martin won Division 1 Super League Tennis Tournament 2012.

Look Out Roger Federer!