

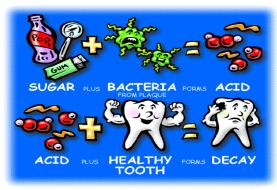
At Market Square Dental it's our business to know how to improve your smile! All it takes is a consultation with your dentist to discuss what you like and don't like! It can be the colour of your teeth, a rotated tooth, even removing those old silver (amalgam) fillings or replacing a missing tooth with an implant... Just pick up the phone and call Tracey & Kellie and they will be more than happy to organise an appointment for you!

Mai causes

Sugar is the main cause of tooth decay and is found in many foods we eat and drink. Bacteria that settle on teeth thrive on sugar.

Unfortunately when bacteria and the sugar get together a chemical reaction occurs that produces an acid that eats away at the enamel of teeth.

The more sugar we eat results in more bacteria which produces more acid, which dramatically increases the chance of decay.



Fluoride helps strengthen tooth enamel making it harder for the acid to eat its way into the tooth but once the decay process has started it accelerates at a rapid rate.

After eating through the enamel the decay then attacks the softer dentine part of the tooth.

If left untreated the decay will engulf the tooth eating its way further down to the pulp (nerve). It is important to try and limit the amounts of sweet foods and drinks we consume and brush our teeth shortly after every meal.



medicare

dental benefits schedule

Medicare has now introduced <u>Teen Dental Plan Annual Preventative Check</u>. Eligible teens aged between 12 and 17 years will receive a Medicare Dental Voucher valued at \$150.00 each year, which includes;

- Comprehensive oral examination
- 2 x-rays
- Scale and Clean
- Fluoride
- Oral Hygiene Instructions

When your child receives this voucher please contact the surgery to arrange an appointment. Vouchers must be presented to reception at time of service.

Summer 2008

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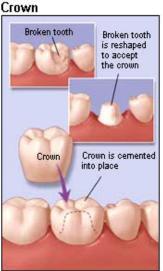
Dr Miranda Moor

is back!

Dr Moor has been a valued long-standing member of the Market Square Dental team and took some leave of absence after the birth of her last child. We are delighted to announce her return! But, while she might have been away she still had time to attend dental educational courses (how does she do it?)

Grown

A crown (also known as "cap") is an artificial cover that encompasses the whole tooth and can be used on any tooth. They are normally used to restore decayed or damage teeth to their normal shape and size. Crowns are used to protect the structure of a tooth that is cracked or broken and restore functionality of a tooth. They can also be used to change the shape of a tooth, to correct a bite or even fix a cosmetic problem. A crown can be made of gold or from other metals such as amalgam, but if you're after that natural look you might opt for white porcelain matched to the same shade as the rest of your teeth. A porcelain crown procedure will take two visits. The first visit your dentist prepares the tooth and takes impressions, which will be sent to the laboratory to customize. Once the impressions have been taken a temporary crown is made to protect the tooth. The second appointment your dentist will cement the crown.



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Laughter is a smile with the volume turned up